

City Flash

The City that Moves Mountains

Pikeville, KY



Commissioner Jerry Keith Coleman

As the newest member of the Commission; I look forward to serving the citizens of Pikeville. I owe much to this town and its' people that entrusted me with such an important position. Having been raised here, as well as attending school and working here, it's a humbling privilege for me to be able give back to my community in this capacity.

Due to the hard work of the previous administrations, as well as the efforts by numerous others, Pikeville has grown beyond what many would have ever dreamed. Our university and hospital continue to grow, benefitting not only our city, but the region. The joint efforts of the city and county tourism commissions have made for great strides, attracting visitors from all over the country. New hotels and restaurants continue to claim their place along our streets. Our police and fire department rival those of any city. As commissioner, I intend to do my part in furthering such progression.

Pikeville is one of the cleanest, friendliest and progressive towns in America. It's also an attractive place to do business, or start a business. So whether you live here in Pike County, or are considering a visit from far away, I offer a standing invitation and warm welcome to you!

The Importance of Professionalism

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Professional workplace behavior is necessary for the long-term success of a business, whether it's a big corporation or a small business. Employee interactions and relationships with customers are of vital importance to ensure that the company goals and objectives are met. A professional work place attitude and appearance allow employees to take pride in their work and improve performance.

Establish Boundaries

Professionalism in the work place establishes boundaries between what is considered appropriate office behavior and what is not. Workers who conduct themselves professionally steer clear of crossing the line with their conversations and other interactions with co-workers, superiors, and clients.

Encourage Improvement

A business environment in which employees dress and operate professionally is more conducive for success. Workers who dress and act professionally feel better about themselves and are encouraged to perform better for clients and customers.

Maintain Accountability

Companies that interact directly with clients/customers are obligated to provide the best services possible and present their company in the best possible light. Professionally written company reports, business plans, or other correspondence help businesses remain accountable with their level of service.

Promote Respect

Professionalism in business establishes respect for authority figures, clients, and co-workers. Maintaining a professional demeanor limits gossip and inappropriate personal conversations that could be considered disrespectful.

Minimize Conflict

Conflicts are less likely to arise in a professional business environment, Workers who respect each others boundaries and conduct themselves professionally rarely have disagreements that cannot be resolved efficiently. Professionalism in business also benefits diverse environment in which business peoples and clients have several different perspective and opinions. Professional behavior help business people avoid offending member of different cultures and backgrounds.



Workplace Safety

Falls, lifting injuries, and fires are dangerous and common in the workplace, but that's just the beginning. There are many possible safety issues that can occur at your office or factory. Sometimes the best workplace safety arises out of simple good planning and smart thinking.

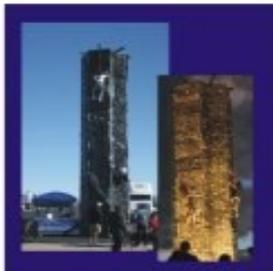
Every single workplace should have a safety committee and safety plan in place. If you don't have safety committees at your workplace, then propose one. If you work at home, you are the safety committee. Working at home or for a very small business isn't a reason to get out of safety planning.

*If you don't have a safety plan in place yet, follow these steps when you recognize a workplace safety issue:

- * Make sure that everyone else in your workplace is aware of the problem.
- * Notify your supervisor.

File any reports or documents about the problem.

Follow up. Telling someone there's a problem is not a guarantee that the problem will be resolved satisfactorily. Report it and later follow up to make sure the problem was addressed.



Staying Healthy

You may think of various ways to stay healthy– from hand washing and vaccines to cancer prevention. The choices you make everyday are promoted to staying healthy.

It's equally important to pay attention to your signs and symptoms. Know which warning signs merit medical attention from unexplained weight loss, changes in bowel habits, to shortness of breath, and sudden headaches.

Regular physical exams and health screening test are an important part of staying healthy. Know which screening test you need and how often to have them done. Early detection is often the key part to successful treatments.



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