



City Flash

Pikeville's Biggest Loser

The City of Pikeville has involved into the second season for our series of the Pikeville's Biggest Loser contest. Employees who participated in the contest this year to lose the most percentage of weight, which was measured in by percentage rather than by pounds, has finally ended. What a great way to "Kick off Summer," right? Twenty Seven employees participated this year with a total of 111 pounds dropped at a percentage of 52.2% weight loss. The contest had 8 places this year which were awarded. The Pikeville Biggest Loser contest winner has been revealed. The top employees are in ranking order: **Ramona Campbell** took first place this year.

Paul Maynard sneaking into second. Next in order were **Beverly Epling, Rhonda Hayton, Connie Holloway, Kristie Bolden, Leslie Branham and Rebecca Hamilton.**

What a great job this year! All who lost weight were winners, whether you did a reality check for your health by counting calories, exercised ten times a week or just tried to eat better. Some may have done it just for fun or prizes and that's ok too. If you wonder how many calories you need to burn to lose a pound; well it takes 3500 extra calories to gain 1 pound of body fat, do the math when you take the extra slice of cake

or get another plate for dinner. Sometimes just doing a reality check as full and heavy as you may feel, the numbers don't lie.

1st Place



2nd Place



Department of Public Safety Adds Another to the Team



The City of Pikeville Public Safety Department would like to introduce the newest member of our team, Melissa Shouse. She was hired Dec 7, 2010 and survived her first Hillbilly Days as a city employee. She is currently attending the Department of Criminal Justice Training Telecommunications Academy. This is an intensive four and a half week training program designed to prepare dispatchers for a complex and rewarding career. The academy consists of training in such areas as emergency medical dispatch, critical incidents, CPR

for the professional rescuer, caller interrogation, crisis negotiation, LINK/NCIC standards and sanctions, legal considerations, basic Spanish for the telecommunicator, as well as radio exercises and courses in officer/responder safety. She will graduate from the academy June 25, 2010. We look forward to her return as a fully certified Public Safety Telecommunicator. We feel she will be a true asset to the city as well as the community.

Budget Notes

A “Big Thanks”, as yet another fiscal year draws close to an end. Sue Varney, Finance Director would like to say *thanks* to all departments for all their hard work, cooperation, and dedication that has been given. Sue would

also like to thank Mayor Frankie Justice, City Manager Donovan Blackburn and the Commissioners for their support. On May 24, the City had the first reading for the 2010-2011 budget year. The second

reading will be June 14; all readings will be final June 30, 2010. The new fiscal year will begin July 1, 2010.

Again thanks to the Mayor, City Manager, Commissioners, and all employees!

MOTORCYCLES on MAIN STREET

Pikeville, Kentucky

3pm - 9pm

**June 19th
July 31st
Aug. 28th
Sept. 25th
Oct. 15-16th**

**Enjoy Bikes, BBQ & Live Band!
Bike Games and Stunts!**

Burnout the Riverfill 7pm



MUSCLE on MAIN

The Muscle on Main Event this year was another huge success. Jesse Bowling, Event Coordinator for the City of Pikeville reported an estimated 5000 plus people in attendance and 308 parked cars this year. Next Muscle On Main event is scheduled on Saturday, June 12, 2010, everyone is invited and if you would like to show off your sweet ride, bring it on down. Parking begins at 3:00 p.m. Stick around and “burnout” the Riverfill starting at 7pm. Special thanks to sponsors, as well as the fire and police personnel who helped make the first Muscle on Main Event of the year wonderful.

See you Saturday, June 12, 2010.